

Media Release
For Immediate Release

## Humber to be First Public College in Canada to Adopt the Okanagan Charter

College Sets Ambitious Goal to be Healthiest Campus in the Country

**TORONTO, ONTARIO - September 27, 2018 - Humber College will become the first public college or polytechnic in Canada to formally adopt the Okanagan Charter.** 

By adopting the Charter, Humber is committed to embedding health and wellness in all aspects of its campus culture. This commitment to student and staff physical, mental and social well-being is a key way in which Humber is creating a healthy and inclusive community, a pillar of the college's <a href="2018-2023">2018-2023</a> <a href="2023">Strategic Plan</a>.

"We want to be the healthiest campus in Canada. Adopting the Okanagan Charter is an important step toward reaching that goal," said Dr. Chris Whitaker, president and CEO, Humber College. "We understand that by creating a diverse and healthy community, where well-being is a priority, we can have a profound effect on the achievement and engagement of our students and staff."

By adopting the Charter, Humber is solidifying our commitment to the following:

- We will infuse health and sustainability into the decisions we make, expanding our focus on the success and well-being of our students, employees, community and environment
- We will continue to cultivate a rich and diverse learning and work environment as we recognize that diversity is our strength
- We will continue to respect the primary importance of Indigenous cultural foundations and the principles of mutual respect, inclusion and community engagement.

More information on the <u>International Charter for Health Promoting Universities and Colleges (Okanagan Charter)</u>.

Event: Okanagan Charter signing ceremony

Date: Tuesday, October 2, 2018

Time: 1 p.m.

Location: 205 Humber College Blvd., Learning Resource Commons Concourse

## About Humber College Institute of Technology & Advanced Learning

Established in 1967, Humber College is a global leader in polytechnic education. Combining in-depth theoretical learning and hands-on experience with applied research and extensive industry connections, Humber provides career-focused education to 33,000 full-time and 23,000 part-time and continuing education students across three campuses. The college offers a comprehensive range of credentials including honours undergraduate degrees, postgraduate certificates, diplomas, apprenticeships and certificates. More than four out of five Humber graduates are employed within six months of completing their studies. Visit humber.ca.

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## For more information, please contact:

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