
Bow Valley College has a multitude of supports and services for learners and employees that positively contribute to the psychological health and well-being of the Bow Valley College community. Through the development of a comprehensive mental health strategy, Bow Valley College demonstrates a commitment to joining other post-secondary institutions across Canada and around the world, in actively promoting mental health and well-being on campus.

As articulated in the Bow Valley College HIVE (Healthy Institution Valuing Engagement) Strategy (www.bowvalleycollege.ca/hive), and in support of translating the Okanagan Charter into action on campus, Bow Valley College:

- Commits to taking action in the following seven strategic priorities through collaborative cross-campus, cross-institutional (local, provincial and national) and cross-sector engagement:
 - **Inclusion** – fostering a safe, supportive and inclusive environment
 - **Infrastructure** – mental health is integral to the culture and operations of the College
 - **Awareness** – Mental health literacy is actively promoted and endorsed
 - **Engagement** – Opportunities exist to build interpersonal connections and strengthen resiliency
 - **Prevention** – supports are available at the level most appropriate to the needs of the individual
 - **Access** – coordinated, barrier-free supports and services are in place
 - **Intervention** – crisis management protocols are effective, efficient and timely
- Commits to actively promoting mental health and well-being on campus.
- Commits to ongoing evaluation and improvement of health and wellness activities.
- Commits to sharing promising/best practices locally, provincially and nationally.